

Code of conduct for coaches

- Always show professionalism and be polite when communicating with parents/guardians of gymnasts.
- Mobile phones are not permitted to be used in the gym. The Head Coach's phone is accessible during sessions for communication from and to club members.
- Confidentiality is vital. Under no circumstances at all can information be divulged in any such way, which includes to friends, other clubs, and social media.
- Where supplied coaches must wear club uniform to all sessions, and follow the guidelines set out by British Gymnastics, which includes no jewellery.
- Follow strict guidelines on child protection set out by British Gymnastics, which includes physical contact that is unnecessary, and not being 'friends' with current gymnasts on social media.
- Gymnasts need to remain active as long as possible during sessions, using suitable activities to aid learning of the skill being developed.
- Must show appropriate body language of professionalism, which includes not sitting down, standing with hands in pockets, and not showing interest in the activity being delivered.
- Use appropriate language when communicating with club members. Gymnasts should be respected, constructive comments used to improve performance, and encouraged to value their achievements of the session.
- Injuries do happen within the sport. Coaches must inform a qualified first aider, if you are non qualified. Relevant documentation must be completed, and parents informed.
- Endeavour to communicate with parents, especially when a new skill has been completed correctly.
- Must remain within the group they are responsible for at all times, and giving them your full attention. If you need to leave the gym for any reason please inform the Head Coach.
- Be aware that gymnasts/children learn in different ways, and offer alternative ways of learning apart from verbal.
- Make sure all activities are appropriate to the age, ability and experience of those taking part, and ensure all participants are suitably prepared physically and mentally.
- Actively be coaching during your time within the club, which includes correcting faults and mistakes during flexibility and stretching.